Nurse Led
Sexual Health 2013

Thursday 9th May 2013,
Austin Court, Birmingham

A must attend event - now in its 10th year
From April 2013, the NHS reform will finally be operational. New Clinical Commissioning Groups will be responsible for commissioning services for patients, improving the efficiency of services and resources and improving patient outcomes and experience.

Public Health is changing – with the long awaited paper on sexual health still to be published - all this against limited budgets and the challenge to do more for less. Efficiency savings and policy (QIPP) designed to meet these challenges are more important than ever, as is the effective use of the workforce.

Making the most of the nursing workforce has always been important; nurses are professionals in their own right who often spend more time with patients and carry out important roles that were once only seen as the remit of doctors.

Nurse led services are effective, efficient, modern and often provide faster access to treatment and services. Nurse led services continue to improve access to sexual health services and can often provide the much needed service in non-health care community settings.

This national one day annual event will examine the contribution nurses can make to Sexual Health Services. Via a series of case studies, it will review a number of nurse led services and provide advice and experience as to how these can be further innovated for the benefit of patients.

**Issues to be covered include:**

- Developing clinical practice and competency in sexual health nursing
- Preparing nurses to deliver and develop cost effective integrated person centred services.
- Sexual Health Integrated Nurse Education(SHINE) workforce development model: A practice based, academically accredited and competency assessed approach developed and delivered in partnership between commissioners, sexual health service providers and Northumbria University
- 'Evolution & Innovation' - The role of the clinical nurse specialist in Integrated sexual & reproductive health care... within a Social Enterprise.
- Creating integrated level 3 services
- Integrated services and working with QIPP
- Outreach Nurse for Dudley Respect Yourself and Teenage Pregnancy Team: Working Across Health and Social Care
- Reducing second pregnancies in teenagers and initial pregnancies in vulnerable young people
- The setting up of a Nurse led Young persons Drop in Service centre - a ‘You’re Welcome’ accredited young persons walk in service, providing full STI screening and full contraception services.
- Emergency Hormonal Contraception: A Nurse Led Telephone Service - an evaluation of telephone contraceptive counselling for women seeking an abortion
- Developing a community nurse led contraceptive and Sexual Health Clinic in partnership with Youth Services
- Treating HIV related facial lipoatrophy. Setting up a nurse led service
- Nurses Leading on Community Based Early Medical Termination Services in Worcestershire
- The influence of the changes and reorganisation of the NHS on a new developing service
- Effective and efficient use of the whole workforce – registered and unregistered
- Partnerships, collaborations and networks to improve productivity
- New ways of team working, for more effective sexual health services
- Demonstrating cost savings, efficiencies and value for money
- Getting the best match of clients to staff at any one time
- Implementing new information technology and electronic records

Send a number of your team three places only £699+ VAT
9.30am Registration

10.00am Preparing nurses to deliver and develop cost effective integrated person centred services.
- Why change? Sexual health nursing workforce development – common issues and problems past & present
- What is needed? The development of the SHINE approach in the NHS North East area using collaborative action research
- Sexual Health Integrated Nurse Education (SHINE) workforce development model: A practice based, academically accredited and competency assessed approach developed and delivered in partnership between commissioners, sexual health service providers and Northumbria University
- How does it work? Overview of the SHINE model of workforce development and the critical role of practice educators
- What difference has it made, to whom? Outcomes of using the SHINE approach

Dr. Anne McNall, Senior Lecturer, Pathway Leader Sexual Health, Northumbria University

10.30am Questions

10.40am ‘Evolution & Innovation’
The role of the clinical nurse specialist in Integrated sexual & reproductive health care... within a Social Enterprise.
- A need for change - new business, political drivers, specialist care and competitive survival
- Planning & finance - what was identified and how was it financed?
- Implementation & practice - what impact will this role have on staff, clients and the service as a whole.
- Appraisal - how are we going to ensure quality and measure effectiveness.

Kay Merritt, Clinical Nurse Specialist in Integrated Sexual Health Care, City Health Care Partnership CIC, Hull & East Yorkshire Sexual & Reproductive Healthcare Partnership.

11.10am Questions

12.00pm Outreach Nurse for Dudley Respect Yourself and Teenage Pregnancy Team: Working Across Health and Social Care
- Remit - to prevent unplanned teenage conceptions and provide early intervention for the most vulnerable
- Funding and contracts
- Issues and benefits working across both health and social care
- Communication methods with workers and clients
- Case histories

Lisa Johnson, Outreach Nurse, Dudley Teenage Pregnancy Team

12.30pm The setting up of a Nurse Led Young persons Drop in @ New Croft Sexual Health Services in Newcastle City centre.
- A “You’re Welcome” accredited young persons walk in service, providing full STI screening and full contraception services.
- Mappings out the new service
- Audit findings and recommendations after a year of providing a free and confidential sexual health walk in service at New Croft Centre.

Lesley Flynn, Senior Nurse, Sexual Health Services, Newcastle Hospitals Community Health Kathryn Kain, Newcastle PCT

1.00pm Lunch and networking

2.00pm Emergency Hormonal Contraception: A Nurse Led Telephone Service
- A BPAS Nurse-led service offering Contraception Counselling, Sexual Health Advice STI Results and Contact Tracing over the phone
- Two pilot studies to understand and improve access to EHC – December 2011 and June 2012
- Overwhelming response to our media coverage and over 700 women received EHC along with condoms and information
- Clients who made contact received a call back from a CASH Nurse to check suitability and to answer any questions
- Client feedback comments such as “It’s really easy talking to you (a Nurse over the phone) because you can’t see me” – many felt they’d been judged when accessing EHC in the past
- The Pilot Studies awarded UK Sexual Health Project of the Year and The International Ellertson Award for Innovation in Access to EHC

Tracey Forsyth, Nurse Manager, BPAS

2.30pm Treating HIV related facial lipoatrophy. Setting up a nurse led service
- What is facial lipoatrophy pathophysiology, pathogenesis, psychosocial implications
- Competence-who should deliver this service? Training process
- Practicalities of setting up a clinic
- Treatment options available

Sharron Brown, Clinical Nurse Specialist, Chelsea and Westminster Hospitals NHS - Foundation Trust

3.30pm Nurses Leading on Community Based Early Medical Termination Services in Worcestershire.
- Nurse-led Early Medical Termination service – our model
- First service of it’s kind in the country to be given permission to be an abortion provider from a community trust premises.
- Award winning service - winner the Trust Innovation Service award.
- Client evaluation

Jeannette Flower, Nurse Practitioner, Lead Nurse Worcestershire Pregnancy Assessment & Support service, Worcestershire Health & Care Trust.

4.00pm Conclusions and end of day

Sponsorship opportunities
For information on sponsorship and exhibition opportunities please contact Conventus on 01926 863564 or email sponsorship@conventus.net to register by phone, please call 01926 863564, or by fax on 01926 320220, or online at www.conventus.net
Nurse Led Sexual Health 2013
Thursday 9th May 2013, Austin Court, Birmingham

To book your place
online booking at www.conventus.net

by phone: please call... 01926 863564
by fax: Please complete and fax back to: 01926 320220
by post: Please complete and post to: Gooseberry Hall, Hollis Lane, Kenilworth, CV8 2JY

BOOKING FORM

PLEASE COMPLETE FORM IN BLOCK CAPITALS

First Delegate
Title                              First name Surname
Position Email:

Second Delegate
Title                              First name Surname
Position Email:

Third Delegate
Title                              First name Surname
Position Email:

Organisation Address
Telephone: Fax:
E-mail:
Special dietary requirements
Number of delegates @ £ = +VAT @ 20% = TOTAL =

Please delete as appropriate
* I enclose a cheque for £
* Please invoice the organisation
Invoice name and address if different from above:

Signed:
Contact name:
Purchase order no:

Fees: NHS 1st delegate £299 + VAT (£358.80) Fee includes: Teas, coffee, lunch and conference papers.
NHS 2nd delegate £289 + VAT (£346.80)
Commercial £325 + VAT (£390)

All payments must be received before the conference date. A VAT invoice will be issued on receipt of booking. Cheques made payable to Conventus Ltd. or by BACS to Bank of Scotland sort code 12 24 82 account number 02033613 Account name Conventus Limited. Please send BACS remittance as confirmation of payment. If payment is not received by the conference date we reserve the right to make an additional administration charge of £50.00 per delegate.

Note: The programme was correct at time of going to print. Conventus cannot accept responsibility for later changes due to unforeseen circumstances.

Gooseberry Hall, Hollis Lane, Kenilworth, CV8 2JY
Tel: 01926 863564 Fax: 01926 320220

Online booking: www.conventus.net

Early Bird NHS
First delegate only £265 + VAT (£318)
Second delegate £245 + VAT (£294)
Commercial Early Bird £299 + VAT (£358.80)
Book before 22nd March 2013

NHS Group Bookings
Three places only £699 + VAT (£838.80)
Offer runs throughout booking period

Online booking at www.conventus.net